Curriculum Vitae (Resume)

Post applied for: Associate Professor in Political Science (03 Posts) at Centre for

Research in Rural and Industrial Development (CRRID), Sector 19-A,

Chandigarh



I	Name:	Dr. Gurpreet Singh Uppal
	Designation:	Asst. Prof. in P. G. department of Political Science
II	Institution:	Khalsa College Garhdiwala
		Dist. Hoshiarpur
		Punjab
		Pin: 144207
	Permanent Address:	Village: Rampur-Narotampur,
		P.O. Jalalabad, Tehsil: Khadoor
		Sahib, Dist. Tarntaran, Punjab
		143118
III	Mobile:	09780004933
IV	Email:	gurpreetuppal49@gmail.com
V	Date of Birth:	05-08-1978
VI	Academic Qualification	MA, Ph.D, M.Phil, UGC-NET

Professional Information:

Degree	Subject/s	Board / University/ Institution	Grade/ CGPA/ Division	Percentage marks	Year of Passing	
Graduation	English, Punjabi, PoliticalScience, Economics, History	Guru Nanak Dev University, Amritsar	2 nd	54.7%	1999	
Post Graduation	Political Science	D.A.V. College, Jalandhar	1 st	64.3%	2001	
M.Phil.	Political Science	Himachal University, Shimla	1 st	62%	2005	
Ph. D Awarded	Political Science	Guru Nanak Dev University, Amritsar				
Title of the Thesis	Democracy and its working in Kazakhstan					

Academic Activities

- ➤ Completed One **Major Research Project** funded by UGC, New Delhi
- ➤ Working on **Minor Research Project** funded by ICSSR, New Delhi
- ➤ Published **three** Books.
- **23 papers** published in peer reviewed and other International journals
- ➤ 18 papers published in Edited Books
- ➤ Presented Papers in 26 International and National Seminars
- Organising Secretary of 11 National Seminar organised by P.G.Department of Political Science from time to time sponsored by various funding agencies like UGC, ICSSR, NAAC and CDC.
- ➤ Coordinator of UGC for the college and helped the institute in getting various schemes and Grants like Human Rights Course, Women Study Centre, Schemes for Remedial classes for students and Entry into Service scheme, women Hostel building grant etc.
- ➤ **Nodal officer** of college for agencies like RUSA, AISHE.
- > Presently **Staff Secretary** of the College
- > Presently **Bursar** of the College
- ➤ Coordinator of **Research Committee** of the College
- ➤ **Associate NCC Officer** (ANO) of the College since 2010
- ➤ Member of the College Disciplinary Committee
- ➤ Paper setter of Graduation and Post- Graduation classes of Panjab University, Guru Nanak Dev University and Khalsa College, Amritsar
- ➤ 12 years of Paper Evaluation experience of UG and PG classes

Research Projects Completed

Sr. No.	Title of the project	Whether single or joint project	Completed/ ongoing	Funding agency	Amount (Rs.)
1	India in Central Asia: Challenges and Prospects	Single	Completed	UGC, New Delhi	6,64,600
2	India's Energy Security Strategy in Central Asia: Problems and Prospects	•	Ongoing	ICSSR, New Delhi	2,50,000

Publications:

Books

Sr. No.	Title of the Book	Publisher	ISSB No.
1	India and Central Asia: Opportunities	Publisher: National	978-93-85835-67-4
	and Challenges	sociates, New Delhi	
	2019		
	Page Nos. 1-145		
2	Human Values and Professional	(Edited) Publisher:	978-93-5113-539-5
	Ethics	ar, Chandigarh	
	2015		
	Pages 1-280		
3.	Human Rights in India	(Edited) Publisher:	978-93-5113-785-6
	2016 Pages 1-252	ar, Chandigarh	

Research papers in peer reviewed or UGC listed journals

Sr. No	Title of the Paper	All Author (s)	Journal's Name, institution & Place of Publication	Year/Vol./ Page No.	If UGC listed, then the journal number	Impact factor
1	An Analysis of Geography of Kashmir	Dr. Gurpreet Singh Uppal and Dr. Gopal Krishan	Shodh Sanchar Bulletin	Vol. 9, Issue 36, Oct-Dec 2019	UGC Care Listed	
2	A Study of Pandit Deen Dayal Upadhaya Ji's Concept of Dharma and Dharma Raiya	Dr. Gurpreet Singh Uppal and Dr. Gopal Krishan	Shodh Sarita	Vol. 6, Issue 24, Oct-Dec 2019	UGC Care Listed	
3	A Detailed Analysis of Historical Background of Kashmir	Dr. Gopal Krishan Dr. Gurpreet Singh Uppal	Shodh Sarita	Vol.6, Issue 24, Oct-Dec 2019	UGC Care Listed	
4	Teaching of Pandit Deen Dayal Upadhaya Ji and Gandhi: A Comparative Analysis	Dr. Gopal Krishan Dr. Gurpreet Singh Uppal	Shodh Sanchar Bulletin	Vol.9, Issue 36, Oct-Dec 2019	UGC Care Listed	
5	Pandit Deen Dayal Upadhaya views on Individual and Society	Dr. Gopal Krishan Dr. Gurpreet Singh Uppal	Our Heritage Journal	Vol. 67, Issue 2, Dec. 2019	UGC Care Listed	
6	India's Geo- Strategic Interests in Post Soviet Central Asia	Dr. Gurpreet Singh Uppal and Dr. Gopal Krishan	Thematics Journal of Geography	Vol. 8, Issue 9, September 2019	UGC Care Listed	5.3
7	Greek Political Thought: Analysing Platonnic Concept of Communism of Wives and Children	Dr. Gopal Krishan and Dr. Gurpreet Singh Uppal	History Research Journal	Vol. 5, Issue 5, September- October 2019	UGC Care listed	5-2

Greek Political Thought: An Overview of Platonic concept of Philosopher Kings and Education	Dr. Gopal Krishan and Dr. Gurpreet Singh Uppal		Vol. 22, Issue 3, July- September 2019	UGC Care Listed	6.2
Impact of Globalization on the concept of Social Justice	Dr. Gurpreet Singh Uppal and Dr. Gopal Krishan	Think India	Vol. 22, Issue 4, October- December 2019	UGC Care Listed	
An Analysis of some Aspects of Integral Humanism of Pandit Deen Dayal Upadhaya Ji	Dr. Gopal Krishan Dr. Gurpreet Singh Uppal	Think India	Vol. 22, Issue 10, November 2019	UGC Care Listed	
Analysing Pandit Deendyal Upadhyaya's Views on State and Nation	Dr. Gopal Krishan Dr. Gurpreet Singh Uppal	Thematics Journal of Geography	Vol. 8, Issue 12, December 2019	UGC Care Listed	
Analysis of Lecture Two on Integral Humanism by Pandit Deen Dayal	Dr. Gopal Krishan Dr. Gurpreet Singh Uppal	History Research Journal	Vol. 5, Issue 5, September- October 2019	UGC Care listed	
Pandit Deen Dayal Upadhyaya's Perception on Ektema Arthniti	Dr. Gopal Krishan Dr. Gurpreet Singh Uppal	Think India	Vol. 22, Issue 10, November 2019	UGC Care Listed	
Issue of Gender Equality in the Era of Globalization	Dr. Gurpreet Singh Uppal and Dr. Gopal Krishan	PIMT Journal of Research	Vol. 12, No.1, July- December 2019	UGC Care Listed	
Minorities and Status of Human Rights in India	Dr. Gurpreet Singh Uppal	Research Review; International Journal of Multidisciplinary,	Page Nos.1366- 1369 Vol.4, Issue 6, June 2019	44945	
Security Dynamics in Central Asia and Implications for India	Dr. Gurpreet Singh Uppal	Research Review; International Journal of Multidisciplinary,	Vol.4, Issue 6, June 2019 Page Nos. 1370-1372	44945	
India's Strategic and Security Interests in Central Asia	Dr. Gurpreet Singh Uppal	Research Review; International Journal of Multidisciplinary	Vol. 4, Issue 5 May 2019 Page No. 1585-1588		
Post-Soviet Dynamics in Central Asia and India's Perception	Dr. Gurpreet Singh Uppal	Research Review; International Journal of Multidisciplinary	Vol. 4, Issue 5, May 2019 Page No. 1589-15919		
	An Overview of Platonic concept of Philosopher Kings and Education Impact of Globalization on the concept of Social Justice An Analysis of some Aspects of Integral Humanism of Pandit Deen Dayal Upadhaya Ji Analysing Pandit Deendyal Upadhyaya's Views on State and Nation Analysis of Lecture Two on Integral Humanism by Pandit Deen Dayal Pandit Deen Dayal Upadhyaya's Perception on Ektema Arthniti Issue of Gender Equality in the Era of Globalization Minorities and Status of Human Rights in India Security Dynamics in Central Asia and Implications for India India's Strategic and Security Interests in Central Asia Post-Soviet Dynamics in Central Asia and India's	An Overview of Platonic concept of Philosopher Kings and Education Impact of Globalization on the concept of Social Justice An Analysis of some Aspects of Integral Humanism of Pandit Deen Dayal Upadhaya Ji Analysing Pandit Deendyal Upadhyaya's Views on State and Nation Pandit Deen Dayal Upadhyaya's Perception on Ektema Arthniti Pandit Deen Dayal Upadhyaya's Perception on Ektema Arthniti Issue of Gender Equality in the Era of Globalization Minorities and Status of Human Rights in India India's Strategic and Security Dynamics in Central Asia and Implications for India Post-Soviet Dynamics in Central Asia and India's Strategic and Security Interests in Central Asia and India's Dr. Gurpreet Singh Uppal Dr. Gurpreet Singh Uppal	An Analysis of Some Aspects of Integral Humanism of Pandit Deen Dayal Upadhyaya's Views on State and Nation Pandit Deen Dayal Upadhyaya's Perception on Ektema Arthniti Upal Issue of Gender Equality in the Era of Globalization Minorities and Status of Human Rights in India Minorities and Status of Human Rights in India Minorities and Status of Human Rights in India Post-Soviet Dynamics in Central Asia Post-Soviet Dynamics in Central Asia Impact of Globalization on the concept of Social Uppal Dr. Gurpreet Singh Uppal Think India Think India Think India Thematics Journal of Geography Gurpreet Singh Uppal Thematics Journal of Geography Gurpreet Singh Uppal Thematics Journal of Geography Gurpreet Singh Uppal Think India For Gopal Krishan Dr. Gurpreet Singh Uppal Dr. Gopal Krishan Dr. Gurpreet Singh Uppal Think India Think India For Geography For Geography For Gopal Krishan Dr. Gurpreet Singh Uppal Think India For Geography For Gopal Krishan Dr. Gurpreet Singh Uppal Thematics Journal of Research Journal of Research Review; International Journal of Multidisciplinary, Dr. Gurpreet Singh Uppal Dr. Gurpreet Singh Uppal International Journal of Multidisciplinary, Post-Soviet Dynamics in Central Asia and India's Thore India Think India Think India Think India Think India Think India Thematics Journal of Geography Thematics Journal of Research Review; International Journal of Multidisciplinary International Journal of Multidisciplinary Thematics Journal of Multidisciplinary Dr. Gurpreet Singh Uppal For Gurpreet Singh Uppal	An Overview of Platonic concept of Philosopher Kings and Education Impact of Globalization on the concept of Social Justice Impact of Globalization on the concept of Social Justice Part of Globalization on the concept of Social Justice Impact of Globalization on the concept of Social Justice Description of Pandit Deen Dayal Upadhaya Ji An Analysis of some Aspects of Integral Humanism of Pandit Deen Dayal Upadhyaya's Views on State and Nation Analysis of Lecture Two on Integral Humanism by Pandit Deen Dayal Upadhyaya's Perception on Ektema Arthniti Pandit Deen Dayal Upadhyaya's Perception on Ektema Arthniti Description on Ektema Arthniti Dr. Gopal Krishan Dr. Gurpreet Singh Uppal Issue of Gender Equality in the Era of Globalization Minorities and Status of Human Rights in India Dr. Gurpreet Singh Uppal Dr. Gurpreet Singh Uppal And Dr. Gopal Krishan Dr. Gurpreet Singh Uppal Dr. Gopal Krishan Dr. Gurpreet Singh Uppal Dr. Gurpreet Singh Uppal And Dr. Gopal Krishan Dr. Gurpreet Singh Uppal Dr. Gurpreet Singh Uppal And Dr. Gopal Krishan Dr. Gurpreet Singh Uppal Dr. Gurpreet Singh Uppal And Dr. Gopal Krishan Dr. Gurpreet Singh Uppal Dr. Gurpreet Singh Uppal And Dr. Gopal Krishan Dr. Gurpreet Singh Uppal And Dr. Gopal Krishan Dr. Gurpreet Singh Uppal And Dr. Gopal Krishan Dr. Gurpreet Singh Uppal Security Dynamics in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India	An Overview of Platonic concept of Philosopher Kings and Education Impact of Globalization on the concept of Social Justice Impact of Globalization on the concept of Social Justice An Analysis of some Aspects of Integral Humanism of Pandit Deen Dayal Upadhaya Jis Views on State and Nation on Integral Humanism b Pandit Deen Dayal Upadhaya's Perception on Ektema Arthniti Issue of Gender Equality in the Era of Globalization on Ektema Arthniti Dr. Gurpreet Singh Uppal Interests in Central Asia and India's Strategic and Security Interests in Central Asia and India's Post-Soviet Dynamics in Central Asia and India's Central Asia and India's Strategic and Security Interests in Central Asia and India's Singl Uppal Dr. Gurpreet Research Review; International Journal of Multidisciplinary, Page No. 158-1588 Dr. Gurpreet Singh Uppal Singh Uppal Singh Uppal Page No. 158-1588 Dr. Gurpreet Singh Uppal Research Review; International Journal of Multidisciplinary Page No. 158-1588 Dr. Gurpreet Singh Uppal Singh Uppal Singh Uppal Security Interests in Central Asia and India's Sirategic and Security Interests in Central Asia and India's Sirategic Research Review; International Journal of Multidisciplinary Page No. 1585-1588 Dr. Gurpreet Singh Uppal Research Review; International Journal of Multidisciplinary Page No. 1585-1588 Dr. Gurpreet Singh Uppal Research Review; International Journal of Multidisciplinary Page No. 1585-1588 Dr. Gurpreet Singh Uppal Research Review; International Journal of Page No. 1585-1588 Dr. Gurpreet Singh Uppal Research Review; International Journal of Page No. 1585-1588 Dr. Gurpreet Singh Uppal Research Review; International Journal of Page No. 1585-1588

19	Greek Political Thought: Analysing Plato	Dr. Gopal Krishan and Dr. Gurpreet Singh Uppal	Think India	Vol.22, Issue 2, April-June 2019	UGC Care Listed	
20	Examining Lecture Four on Integral Humanism by Pandit Deen Dayal Upadhaya Ji	Dr. Gurpreet Singh Uppal and Dr. Gopal Krishan	Think India	Vol.22, Issue 1, January- March 2019	UGC Care Listed	
21	Examining first lecture on Integral Humanism by Pandit Deendayal Upadhyaya ji	Dr. Gurpreet Singh Uppal and Dr. Gopal Krishan	Think India	Vol. 21, Issue 4, October- December 2018	UGC Care Listed	
22	India's Strategic and Economic Interests in Central Asia	Dr. Gurpreet Singh Uppal	Research Review; International Journal of Multidisciplinary	Vol.3, Issue 9, Sep. 2018 Page No. 387-389	44945	Imact factor No. 4.184 (Indexed in Thomas Reuters)
23	The Dynamics of Great Power Politics in a Volatile Region of Central Asia	Dr. Gurpreet Singh Uppal	Research Review; International Journal of Multidisciplinary	Vol.3, Issue 9, Sep. 2018 Page Nos. 383-386	44945	Imact factor No. 4.184 (Indexed in Thomas Reuters)
24	India's Quest for Energy in Central Asia and its Prospects	Dr. Gurpreet Singh Uppal	International Journal of Research	Vol. 5, Issue 12, April 2018 Page No. 4963-4966	44396	Imact factor No. 5.60 (Indexed in Thomas Reuters)
25	Central Asia: The Great Power Politics in a Volatile Region	Dr. Gurpreet Singh Uppal	International Journal of Research —-	Vol. 5, Issue 12, April 2018 Page No. 5080-5085	44396	Imact factor No. 5.60 (Indexed in Thomas Reuters)
26	Introduction of Choice- Based Credit System in Higher Education: an Analysis	Dr. Gurpreet Singh Uppal	Academe: Journal of Education and Psychology, New Delhi	Page No. 5-9 Vol.8, Special Issue 1, 2018	47208	
27	Political Party System in Kazakhstan	Dr. Gurpreet Singh Uppal	Punjab: Journal of Humanities & Social Sciences Ferozpur, Punjab	Vol. IV, Summer 2014 Page Nos. 68-73		_
28	Central Asia: A New Avenue to India's Future Energy Needs	Dr. Gurpreet Singh Uppal	World Focus, New Delhi	May 2015 Page Nos. 79-83		_

29	Democratic Structures and their Working in Kazakhstan	Dr. Kuldip Singh Dr. Gurpreet Singh Uppal	Contemporary Central Asia New Delhi	Vol. XVI, No. 3, 2012 Page Nos. 21-31	 _
30	Dr. Ambedkar Vision of National Integration	Dr. Gurpreet Singh Uppal	World Focus New Delhi	March 2015 Page No. 30-34	 _
31	India and Central Asia: Redefining Energy Links	Dr. Gurpreet Singh Uppal	Vision: An international Journal of Humanities and Management Dashmesh Girls College, Mukerian, Punjab	Vol. 2, Issue 2February 2015 Page Nos. 76-80	 _
32	India and Central Asia: Strategic and Economic Dimensions	Dr. Gurpreet Singh Uppal	Journal of Political Science D,A.V. College,Jalandhar	Vol. X, No.2, November 2014 Page Nos. 62-68	 _
33	Development of Civil Society in Kazakhstan	Dr. Gurpreet Singh Uppal	Third Concept New Delhi	February 2011 Pages 21-24	
34	Globalization and Sustainable Development	Dr. Gurpreet Singh Uppal	Academicia: An International Multidisciplinary Research Journal	Vol. 6, Issue 3, March 2016, Pages 309-314	 _
35	India and Central Asia: Strategic and Security Dynamics	Dr. Gurpreet Singh Uppal	Academicia: An International Multidisciplinary Research Journal	Vol. 6, Issue 5, May 2016 Pages 5-10	
36	India-China Relations: Cooperation without Trust	Dr. Gurpreet Singh Uppal	North Asian International Research Journal of Social Science and Humanities	Vol. 2, Issue 5, May 2016 Page Nos. 50-59	

Papers in Edited Books

S.No.	Title with page no.	Book Title, editor & publisher	ISSN/ISBN No.	No. of Co- authors and date of publication
1	The Evolution of India's Nuclear Policy	Foreign Policy of India in the Globalised World: Issues and Challenges	978-81-89331- 41-2	Nil 2014
	Pages 165-182	Editor: Emanual Nahar Publisher : Enkay Enterprises, Chandigarh		
		2014		
2	India's Foeign Policy	Foreign policy of India in	9788131760543	Nil
	towards Central	the 21 st Century: challenges		2011
	Asia	and Prospects		
	Page Nos. 409-415			
		Editor: Emanual Nahar		
		Publisher: Dorling		
		Kindersley		
		2011		
3	Dr. Ambedkar's		9788183423786	Nil
	Thoughts on	and Good Governance in		2016
	Democracy and	India		
	Nation Building	T. 3.4		
	Page Nos. 43-55	Editor: Meetu		
		Publisher: Crescent Publishing Corporation		
		2016		
4	Child Marrage in	Human Values and	978-93-5113-	Nil
•	India-Legal and	Professional Ethics	539-5	2015
	Ethical Dimensions	Editor: Dr. Gurpreet Singh		
	Pages 66-77	Uppal		
		Publisher: Unistar Books		
		2015		
5	Human Rights in	Human Rights: Freedom	978-81-89463-	Nil
	India: An Analysis Pages 178-187	and Violations	30-4	2015
		Editor: Suman Gupta		
		Publisher: New Centuary		
		Publications, Patiala, 2015		
6	Human Rights of Women: Indian		9789351137856	One 2016
	Perspective	Editor: Dr. Gurpreet Singh		
	Page Nos. 73-78	Uppal		
		Publisher: Unistar Books		
	Hamon Dieler en 1	2016	0700251127056	NT:1
7	Human Rights and Status of Women in	Human Rights in India		Nil 2016
	Indian Society	Editor: Dr. Gurpreet Singh Uppal		
	Page Nos. 125-130	Oppai Publisher: Unistar Books		
	1 agc 1103. 123"130	r annonci. Ombiai Duuks]	

		2016		
8	Universal	Human Rights in India	9789351137856	Nil
	Declaration of	Editor: Dr. Gurpreet Singh		2016
	Human Rights: An	Uppal		
	Overview	Publisher: Unistar Books		
	Page Nos. 189-196	2016		
9	Changing Scenario	Educational Policies,	978-93-5063-	Nil
	of Higher Education	Programmes and Role of	629-9	2016
	in India	National Bodies		
	Pages 152-156			
		Editor: Neelu Jhanji		
		Publisher: Evergreen		
		Publisher, Jalandhar		
		2016		
10	An Overview of E-	E-Learning: A Boom or	978-93-80748-	Nil
	Learning and	Course	87-0	2015
	Enabling			
	Technology	Editor: Surinder Singh		
	Pages 477-481	Publisher: Twentyfirst		
		Century Publications,		
	D 11. 1 25	Patiala, 2015	0=0.02.=04=	N 7-12
11		Social Change in India:	978-93-5017-	Nil 2011
	in India in the	1900-50	515-6	2011
	Twentieth Century	Editor: Gurdip Sharma		
	Pages 189-195	Publisher: Unistar Books,		
12	Women	Chandigarh, 2011	070 02 00110	Nil
14		Portrayal of Women in the Media	976-93-86119- 81-8	2018
	Empowermant in India: Still an	Media	01-0	2018
	Illusion	Editor: Rajinder Kaur &		
	Pages 65-73	Sunita Kaushal		
	1 ages 05-75	Publisher: Sapatrishi		
		Publications, Chandigarh		
		2018		
13	Choice Based Credit	Enhancing Quality in	978-93-83092-	2019
		Higher Education:	86-4	
	Education:	Innovative Practices		
	Advantages and			
	Constraints, Volume	Editor		
	I	Arvinder Singh		
14	Higher Education in	Enhancing Quality in	978-93-83092-	2019
	India: Issues and	Higher Education:	85-4	
	Challenges, Volume	Innovative Practices		
	<u>II</u>			
		Editor		
		Hargunjot Kaur		
15	Guru Nanak's	Significance of Sri Guru	Under Process	2020
	Concept of	Nanak Dev Ji's Principles		
	Education	in Present day Education		
		System		

16	Relevance of Guru	Significance of Sri Guru	Under Process	2020
	Nanak's Teaching to	Nanak Dev Ji's Principles		
	Present Times	in Present day Education		
		System		

Papers Presented in International and National Seminars

Sr. No.	Title of the Paper	International or National	Name of the Institution where seminar organized	Date
1	The Role of Technology in Education	International	Hans Raj Memorial College of Education, Faridkot	23 & 24 Feb 2016
2	Terrorism as a Threat to Peace	International	Sri Sai Group of Institutes, Badhani, Pathankot	28 Feb & 1 March 2015
3	E-education and Global Educational Needs	International	Bhutta College of Education, Ludhiana	5-6 Feb 2015
4	Mahatma Gandhi and Indian Foreign Policy	International	JCDAV College, Dasuya	31 January 2015
5	The philosophy of Swami Vivekanand and effective E- governance	International	Rayat-Bahra Institute of engineering and Nano Technology, Hoshiarpur	6-7 Feb 2015
6	Innovation and Best Practices in Higher Education	National	Khalsa college Garhdiwala, Hoshiarpur	16 & 17 feb 2018
7	Role of Government in Ensuring Social Justice in India	National	Khalsa college Garhdiwala, Hoshiarpur	23 & 24 March 2018
8	Role of Social Media in E- Governance	National	Khalsa college Garhdiwala, Hoshiarpur	11 February 2017
9	Political Vision of Guru Gobind Singh Ji	National	SBDSM Khalsa College, Domeli, Kapurthala	25 March 2017
10	Higher Education and Sustainable future	National	Guru Nanak College for Girls, Sri Muktsar Sahib	29 March 2016

11	Privatisation of Higher Education in India	National	G.G.S.D. College, Hariana (Hoshiarpur)	August 20 &21, 2016
12	Electoral Reforms in India: Issues and Challenges	National	S.G.G.S Khalsa college, Mahilpur (Hoshiarpur)	November 11 &12, 2016
13	Human Rights and Status of Women in Indian Society	National	Guru Nanak Dev University College, Narot Jaimal Singh, Pathanlot	April 15-21, 2016
14	Women Empowerment: A Challenge of 21st Century	National	SPM College Mukerian, Hoshiarpur	30 March 2016
15	Political Ideas of Swami Dayanand Saraswati	National	Doaba College, Jalandhar	25 March 2016
16	Sikhism and Political Ideas of Guru Nanak	National	Guru Nanak Khalsa College, Daroli Kalan, Jalandhar	19 March 2016
17	The Role of E-Governance in Citizen Centric Administration	National	DAV College, Jalandhar	11-12 March 2016
18	Reconciliation of sustainable Development and Globalisation: Need of the Hour	National	SPN College, Mukerian, Hoshiarpur	13 February 2016
19	Minorities in South Asia: Denial, Deprivation and Discrimination	National	USOL, Dept. of Political Science, Panjab University, Chandigarh	18 March 2015
20	Human Rights Protection and Role of Police	National	National College for Women, Machhiwara, Ludhiana	26 Februry 2015
21	Role of IT Tools in Social Science Research	National	D.A.V. College, Hoshiarpur	29 June 2014
22	Challenges to RTS act in Punjab	National	Khalsa College, Garhdiwala, Hoshiarpur	12 march 2014
<u>23</u>	Criminalization and Corruption: Threat to Indian Democracy	National	Khalsa College, Garhdiwala, Hoshiarpur	24 march 2012
24	RTI in Punjab: Theory and Practice	National	Khalsa College, Garhdiwala, Hoshiarpur	17 March 2012
25	Relevance of Gandhian Philosophy in the 21th century	National	Khalsa college, Mahilpur (hoshiarpur	March 3, 2012
26	Revisiting Bhagat Singh: His Views on Caste, Religion and Politics	National	Kamla Nehru College for Women	March 17, 2016

Workshop/ Orientation and Refresher courses

1. Attended **refresher course** in political science at Academic Staff College. Punjabi University, Patiala from 09-12-2010 to 29-12-2010.

- 2. Attended **General Orientation Course** at Academic Staff College, GND University, Amritsar from 7-06-12 to 4-07-12.
- 3. Attented **Interdisciplinary Course** of 21 Days on Teaching and Research Methodology at Human Resources Development Centre, GNDU from 20-06-17 to 10-07-17
- 4. Attended 08 days workshop on "**Research Methodology**" at D A V College, Hoshiarpur from 23 to 30 June, 2014.
- 5. Attended 07 days workshop on "**Human Rights**" at Guru Nanak Dev University College, Narot Jaimal Singh, Pathankot, from 15 to 21 April, 2016.
- 6. Attended 3 Months **NCC Training** of Pre- Commission from 28 Nov 2011 to 25 Feb 2012 at NCC officers Training Academy, Kamptee, Maharashtra
- 7. One week workshop on Research Methodology, at Khalsa College, Patiala, 22-27 Feb 2021
- 8. One day National Webinar on Covid-19 Global Experience, Khalsa College for Women, Sidwan Khurd, Ludhiana on 26 July 2020
- 9. 7 days Faculity Development Program on Research Methodology at S D College, Hoshiarpur from 6 -12 June 2021
- 10. 7 days National workshop on NAAC: Revised Accreditation Framework: Issues and Challenges, at Sant Darbara Singh College of Education for Women, Lopon, Moga, 15-21 May 2021